WHAT IS CLAIMED IS:

1. A pharmaceutical composition comprising about 25 to 70 % by weight of the active ingredient of structural formula I

$$\begin{array}{c|c} OMe \\ \hline N \\ \hline N \\ \hline N \\ \hline CO_2H \\ \hline \end{array}$$

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or a pharmaceutically acceptable salt thereof;

about 25 to 70 % by weight of mannitol or about 25 to 70 % by weight of a mixture of mannitol and microcrystalline cellulose;

about 1 to 5 % by weight of a disintegrant;

- about 0 to 5 % by weight of a binding agent; and about 1 to 3 % by weight of a lubricant.
- The pharmaceutical composition of Claim 1 wherein said disintegrant is croscarmellose sodium, said binding agent is hydroxypropylcellulose,
 and said lubricant is magnesium stearate.
 - 3. The pharmaceutical composition of Claim 2 comprising about 33 to 67 % by weight of said active ingredient; about 25 to 60 % by weight of mannitol;
- about 1 to 4 % by weight of croscarmellose sodium; about 1 to 4 % by weight of hydroxypropylcellulose; and about 1 to 2 % by weight of magnesium stearate.
- 4. The pharmaceutical composition of Claim 3 comprising about 33 to 67 % by weight of said active ingredient; about 25 to 60 % by weight of mannitol; about 3 % by weight of croscarmellose sodium;

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about 3 % by weight of hydroxypropylcellulose; and about 2 % by weight of magnesium stearate.

- 5. The pharmaceutical composition of Claim 1 additionally comprising about 0 to 0.2 % by weight of an antioxidant.
 - 6. The pharmaceutical composition of Claim 5 wherein said antioxidant is BHT or BHA.
- 7. The pharmaceutical composition of Claim 2 comprising about 33 % by weight of said active ingredient; about 60 % by weight of mannitol; about 3 % by weight of croscarmellose sodium; about 3 % by weight of hydroxypropylcellulose; and about 2 % by weight of magnesium stearate.
 - 8. The pharmaceutical composition of Claim 7 additionally comprising about 0.02 % by weight of BHT or BHA.
- 9. The pharmaceutical composition of Claim 2 comprising about 33 % by weight of said active ingredient; about 40 % by weight of mannitol; about 20 % by weight of microcrystalline cellulose; about 3 % by weight of croscarmellose sodium; 25 about 3 % by weight of hydroxypropylcellulose; and about 2 % by weight of magnesium stearate.
 - 10. The pharmaceutical composition of Claim 9 additionally comprising about 0.02 % by weight of BHT or BHA.
- 11. The pharmaceutical composition of Claim 2 comprising about 50 % by weight of said active ingredient; about 40 % by weight of mannitol; about 3 % by weight of croscarmellose sodium;
 35 about 3 % by weight of hydroxypropylcellulose; and

WO 2004/026233

about 2 % by weight of magnesium stearate.

12. The pharmaceutical composition of Claim 11 additionally comprising about 0.02 to 0.03 % by weight of BHT or BHA.

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13. The pharmaceutical composition of Claim 2 comprising about 67 % by weight of said active ingredient; about 25 % by weight of mannitol; about 3 % by weight of croscarmellose sodium;

about 3 % by weight of croscarmenose sodium;

10 about 3 % by weight of hydroxypropylcellulose; and

about 2 % by weight of magnesium stearate.

14. The pharmaceutical composition of Claim 13 additionally comprising about 0.02 % by weight of BHT or BHA.

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15. The pharmaceutical composition of Claim 1 prepared by wet granulation methods.

16. A pharmaceutical composition comprising about 33 to 67 % by 20 weight of the active ingredient of structural formula I

$$\begin{array}{c|c} & OMe \\ \hline & N \\ \hline & N \\ \hline & CO_2H \\ \hline & (I) \end{array}$$

or a pharmaceutically acceptable salt thereof; about 25 to 60 % by weight of mannitol; about 0 to 20 % by weight of microcrystalline cellulose; about 1 to 5 % by weight of a disintegrant; about 0 to 5 % by weight of a binding agent; and about 1 to 3 % by weight of a lubricant.

WO 2004/026233 PCT/US2003/028959

17. The pharmaceutical composition of Claim 16 wherein said disintegrant is croscarmellose sodium, said binding agent is hydroxypropylcellulose, and said lubricant is magnesium stearate.

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- 18. The pharmaceutical composition of Claim 17 comprising about 33 to 67 % by weight of said active ingredient; about 25 to 60 % by weight of mannitol; about 3 % by weight of croscarmellose sodium; about 3 % by weight of hydroxypropylcellulose; and about 2 % by weight of magnesium stearate.
- 19. The pharmaceutical composition of Claim 16 prepared by direct compression methods.

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20. A method of inhibiting bone resorption in a human in need thereof comprising orally administering to said human a bone resorption-inhibitory amount of the pharmaceutical composition of Claim 1.

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- 21. A method of treating osteoporosis in a human in need thereof comprising orally administering to said human a therapeutically effective amount of the pharmaceutical composition of Claim 1.
- 22. The pharmaceutical composition of Claim 1 further comprising one or more agents selected from the group consisting of flavoring agents, colorants, and sweeteners.

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